

## Countries and Nationalities.

Afghanistan	Afghan
Belgium	Belgian
Cambodia	Cambodian
Congo	Congolese
Fiji	Fijian
Ghana	Ghanaian
Greece	Greek
Holland	Dutchman
Iceland	Icelander
Kuwait	Kuwaiti
Lithuania	Lithuanian
Morocco	Moroccan
Mozambique	Mozambican
Norway	Norwegian
Rwanda	Rwandan
Switzerland	Swiss
Thailand	Thai
Uzbekistan	Uzbek
Wales	Welshman
Zimbabwe	Zimbabwean

## Fruits and Vegetables

Fig	Arugula
Grapefruit	Kale
Guava	Shallots
Papaya	Parsley
Pomegranates	Mint
Raspberry	Leek
Blackberry	Brussels sprouts
Apricot	Spinach
Tangerine	Squash
Cantaloupe	Zucchini
Plums	Mushrooms
Passion fruit	Turnip
Lychee	Radish
Dragon fruit	Scallions
Almonds	Artichokes
Walnuts	Beans
Pistachios	Peas
Cardamoms	Ginger
Cashews	Parsnip
Peanuts	Avocado

## Food

Steak	Skirt
Ribs	Pork
Pork loin	Tenderloin
Rib eye	Filet mignon
Lamb	Turkey
Brisket	Cod
Salmon	Mahi Mahi
Snapper	Tilapia
Tuna	Halibut
Scallops	Shrimps
Oysters	Calamari
Crab	Lobster
Mussels	Octopus
Prawns	Clams
Breast	Bone in breast
Thigh	Wings
Legs	Drumettes

## More Vocabulary

Yogurt	Heavy cream
Whipped cream	Buttermilk
Sour cream	Mozzarella
Cottage cheese	Feta
Gouda	Cheddar
Parmesan	Brie
Blue cheese	Skim milk
Fat free milk	Pancakes
Waffles	Poached eggs
Scrambled eggs	Fried eggs
Toast	Bagel
Sandwich	Croissant
Wrap	Cereal
Cocoa	Coffee
Tea	Syrup
Nutella	Jam
Peanut butter	Quiche
Tarts	Rice
Brown rice	Mashed potatoes
Steam vegetables	Sautéed vegetables
Salads	Cake
Pie	Ice cream
Cupcake	Mousse